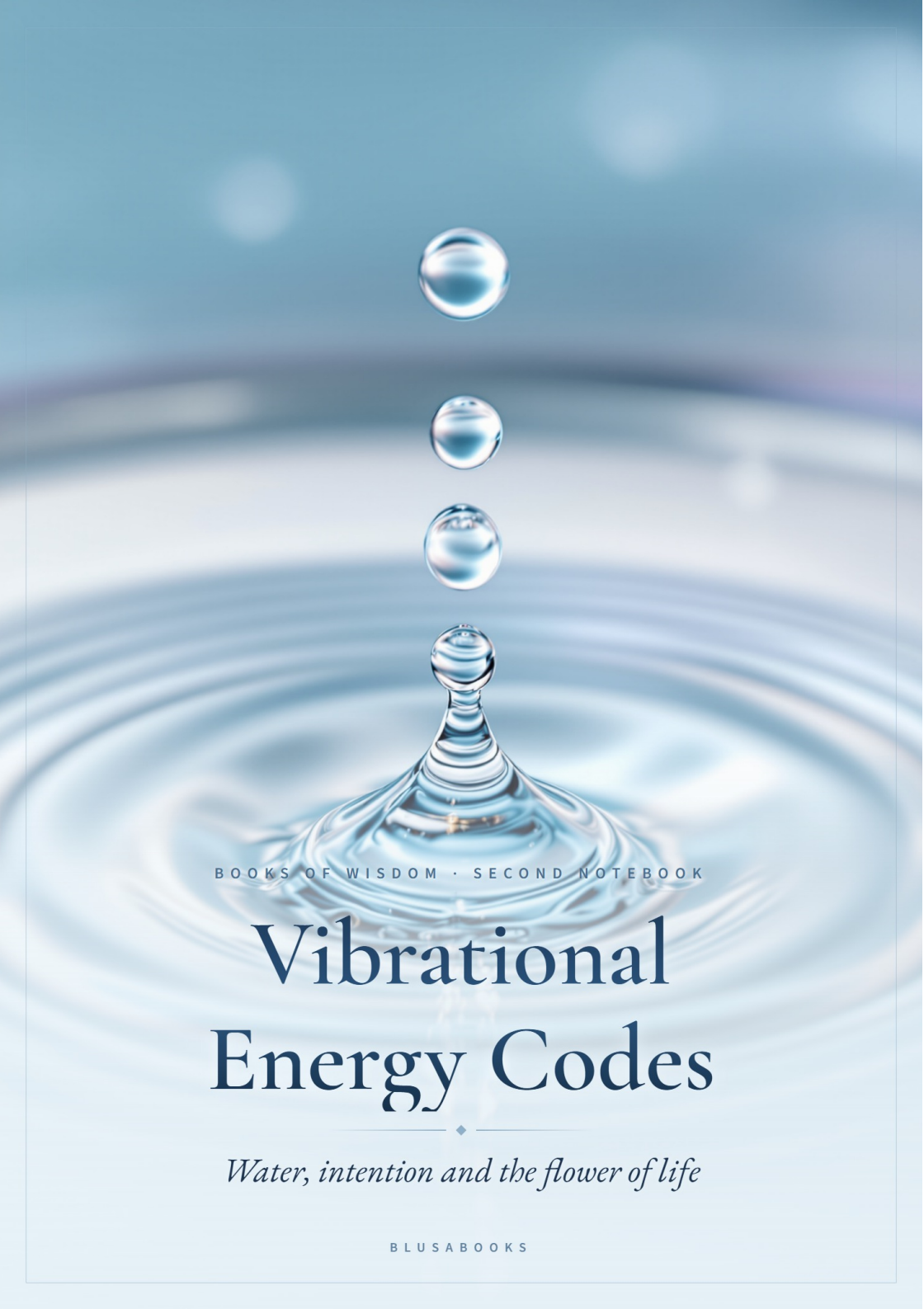




BOOKS OF WISDOM · SECOND NOTEBOOK

Vibrational Energy Codes

Water, intention and the flower of life

BLUSABOOKS



Vibrational Energy Codes

WATER, INTENTION AND THE FLOWER OF LIFE

Every chapter — four parts

WHAT THE TEACHING SAYS *the teaching, honestly and in full*

IN PLAIN WORDS

the same in one or two sentences

TERMS

the chapter's terms and what they mean

WHAT SCIENCE SAYS

what is proven, what is tradition, what is belief

This book does not replace medical advice.

Books of Wisdom · MMXXVI

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FOREWORD

This book is about one beautiful idea: that water remembers. That a word spoken to it, a thought held near it, and a sign placed under the glass change something in it — and that, by drinking such water, we take that something into ourselves. The world knows this idea by the name of the Japanese researcher Masaru Emoto, and a whole practice has been built on it: vibrational energy codes — drawings that combine ancient geometry, chakra colours and kind words.

I wanted to tell this teaching simply, the way a friend would tell it over evening tea. And I wanted to do it honestly. So every chapter has four parts. First — what the teaching of the codes says, with nothing left out. Then the same thing in plain words. Then the special terms that appeared in the chapter, and what they mean. And at the end — what science says about the same thing: what is proven, what is a beautiful belief, and what is only a beautiful picture.

The second part of the book holds the codes themselves: seven cards you can print, cut out and place under a glass of water, under your pillow or under the fruit bowl. Six of them follow the traditional set — love, money, freedom, pure love, pure money, pure energy; the seventh, health and peace, is this book's own addition. Each card carries the flower of life, two chakra colours and words in your own language, because a word you understand is always stronger than a word you only read.

One more word before we begin. Codes do not heal. If something in the body hurts, or something in the soul has been tiring you for a long time, the first step is a doctor or a person trained to help. A code can be a beautiful ritual alongside that — and this book will also tell you how much of it is ritual and how much is something else.



FIGURE 1

A drop and its ripples: an intention entering water — the teaching's central image.

CHAPTER I

WATER AND CONSCIOUSNESS

WHAT THE TEACHING SAYS

It all begins with Masaru Emoto, a Japanese researcher who in the 1990s started photographing frozen water. He took water samples, exposed them to words — written on the bottle, spoken aloud, played as music — then froze the water and photographed, under a microscope, the crystals that form on the surface of melting ice.

The results he published were astonishing. Water that had been told "thank you" or "love", or had been played Bach, formed symmetrical six-pointed crystals like snowflakes. Water that had been told "you annoy me" or "I will kill you", or had been played heavy music, formed irregular, broken, murky shapes. The same with spring water and city tap water: the first was beautiful, the second had no form.

From here the teaching draws its great conclusion: water perceives thought, word and intention, and changes its structure. And since the human body is mostly water, everything we think and say changes us too. Kind words — good structure; harsh words — bad structure. That is why water can be "charged": tell it something good, write a good word on the glass, place a sign beneath it. And that is why it is worth watching what we say to ourselves and to others.

IN PLAIN WORDS

Emoto photographed ice crystals and showed: kind words — a beautiful crystal, harsh words — a broken one. The teaching says: water remembers, and we are water.



FIGURE 2

Emoto's idea: kind words — a symmetrical crystal, harsh words — a broken one. A beautiful picture, not a proof.

TERMS

Crystal — a solid in which particles are arranged in a regular lattice; the six-pointed shape of a snowflake or ice crystal comes from the structure of the water molecule.

Structure — the way parts are arranged in a whole. In the teaching: the "order" of water molecules, supposedly changed by words.

Consciousness — the ability to be aware of oneself and the world; here — thought and intention as a force acting on matter.

Intention — a conscious wish that a person directs attention to; in the teaching of the codes, the main "tool".

Molecule — the smallest particle of a substance that still keeps its properties; a water molecule is two hydrogen atoms and one oxygen atom.

Water memory — the belief that water retains "information" about substances or thoughts it has been in contact with.

● WHAT SCIENCE SAYS

Emoto's photographs are real, and they are beautiful. But they are not proof. Water, as it freezes, can form hundreds of different crystals in one and the same sample — some symmetrical, others not. If the photographer knows which sample is "thank you" and which is "you annoy me", he will, without meaning to, choose the picture that fits what he expects. Emoto himself admitted that he selected the most beautiful crystals. The only experiment in which the photographer did not know which sample was which gave a tiny result that was never repeated; no one else has managed to reproduce it. And "water memory" as a physical phenomenon has failed every controlled test: water molecules rearrange their bonds trillions of times a second — there is nowhere to keep a memory.

Two things in this story are true, however. First: the shape of an ice crystal really does depend on conditions — temperature, humidity, impurities — and clean, slowly frozen water gives more beautiful crystals than murky water. Second, and more important: the words we say to ourselves and to others really do change a person — not through water, but through the mind. That is very well proven. So "thank you" on a glass is not pointless — it simply acts not on the water, but on the one holding the glass.